

# Team Building Exercise: Fill the Glass

## *Directions:*

This exercise entails a team working together to get water from a bottle into a glass without spilling it to the table or the customer.

1. You will be divided into five teams with one glass, one bottle of water and one blindfold per team.
  - A. One team member will sit at a table with the empty glass and play the role of customer.
  - B. Another team member, the waiter, will wear the blind fold and carry the bottle of water.
2. With your voices, the other team members will guide the waiter across the room and to the customer to fill the water glass.
3. The customer cannot speak to the waiter. He/she must rely on the voices of the team members who are not blindfolded.
4. Depending on the size of the class, waiters must take care not to bump into other waiters or spill water on other customers as well.