

# Indirect Care Techniques

Indirect care techniques are evaluated while performing nursing skills and are good to practice when preparing for the CNA exam.

Indirect care techniques include behaviors common to patient care such as: infection control, safety, communication and resident preferences, needs, comfort and rights.

It is important to note, during the CNA exam, applicants are not given instructions to perform indirect care techniques during skills. The evaluator will watch for these behaviors while each skill is performed.

Common indirect care techniques which are looked for during skills include:

- Greeting the patient, addressing by name and introducing self
- Providing explanations to the patient about care before beginning and during care
- Asking the patient about preferences during care
- Using infection control measures when providing care such as proper hand washing
- Asking the patient about comfort or needs during care or before care completed
- Promoting the patient's rights during care
- Promoting the patient's safety during care