

Types of Mental Illnesses & Disorders

Directions:

For this *Activity*, you will work in groups of two or three in order to describe an assigned mental illness or maladaptive condition.

1. Using all available resources, create a list with six to eight bulleted points or short sentences describing the mental illness assigned to your group. Be sure to list details which distinguish the mental health illness from others and include societal perspectives related to the mental illness.
2. Attach a citation sheet listing all sources used to your bulleted list.
3. After detailing the assigned mental illness, you will have two to three minutes to present what you have learned about the mental illness and answer questions.